

DR. CRAIG R. DUFRESNE

WHY DID YOU BECOME A PLASTIC SURGEON The profession allows me to combine my interests in medicine and art

MOST IMPORTANT THING YOU'VE LEARNED FROM YOUR PATIENTS Most patients want to look enhanced or improve their look without changing their persona

HOBBIES Pen and ink drawing, writing, cooking

PLACE YOU GO TO ESCAPE THE OFFICE Deserted beaches and quiet trails

FRAMED PHOTOS ON YOUR DESK My wife, Kathy, and children, Jackie, Chris and Liz

PRO BONO WORK I treat kids from international adoption agencies with cleft lips and palates and burns

"My approach is to give a very natural, and attractive restoration of the face."

—CRAIG R. DUFRESNE, MD, FACS

**PURE INTENTIONS**

Dr. Dufresne's surgical expertise and interests include both aesthetic and reconstructive plastic surgery. "What's unique about my training is that, while many doctors may be trained in performing surgery on soft tissue only, I perform structural **CHANGES ON THE SKELETAL FOUNDATION** as well as the skin envelope, which encompasses a broader range in terms of what can be done for a patient. Dr. Dufresne has been a featured surgeon on the Discovery Health *Extreme Surgery* television show for his **RECONSTRUCTIVE CASE-WORK** on 9/11 victims injured at the Pentagon and on the National Geographic Channel. He is a consultant for the National Institutes for Health and a frequent lecturer, both nationally and internationally.

aesthetic ideals

Renaissance ideals are alive and well in the office of Dr. Craig R. Dufresne, where walking through the door is like stepping into a bygone era, complete with Italian tiles and prints of Roman architecture. "Many of the aesthetic ideals that were introduced then have stood the passage of time," says Dr. Dufresne.

It's certainly an apt visual metaphor for his flourishing plastic surgery practice, which is all about helping patients to age gracefully. Patients are greeted by a warm and friendly staff and treated by nurses who each have at least 20 years of experience. Dr. Dufresne has devoted his professional life to bettering the lives of his patients. "We believe most people just want to look as young on the outside as they do on the inside," he says, on an upbeat note.

To create this balance, Dr. Dufresne is proficient at a wide variety of aesthetic and reconstructive services, which range from facial rejuvenation and body restoration to anti-aging. The doctor says he invests a great deal of his time into both performing procedures and educating his patients about them. "It is important that the patients trust that we will be their best advocate," he says, "and that their comfort and well-being will receive our utmost attention before, during and after surgery." In every consultation, Dr. Dufresne encourages patients to be realistic, understanding that he will give them the best he can within their age and body limits. "Although we have not discovered the fountain of youth, we can offer an alternative, keeping the patient younger looking," he says. 301-654-9151 or newbeauty.com/dufresne.

BOARD CERTIFICATION

American Board of Plastic Surgery

MEDICAL DEGREE

Columbia University

SURGERY INTERNSHIP

The Johns Hopkins University

SURGERY RESIDENCY

The Johns Hopkins University

PLASTIC SURGERY RESIDENCY

New York University Medical Center

CRANIOFACIAL FELLOWSHIP

New York University Medical Center

MICROVASCULAR FELLOWSHIP

New York University Medical Center

AFFILIATIONS

American Society of Aesthetic

Plastic Surgeons

American Society of Maxillofacial Surgeons

American Society of Plastic Surgery

Fellow, American College of Surgeons

Fellow, International Society of

Craniomaxillofacial Surgery

AREAS OF EXPERTISE

Body Recontouring

Breast Augmentation/Reduction

Eyelid Rejuvenation and Reconstruction

Facial Rejuvenation

Nasal Reshaping and Sculpturing

LOCATIONS

Chevy Chase, Maryland

Fairfax, Virginia